

# CHS NEWS

A publication by and for employees of the Kentucky Cabinet for Health Services

May 15, 2000


## NEWS BRIEFS

### Supervisory Training Is Hot Commodity; Site Changes

Due to the overwhelming demand for Supervisory Training, an additional class will be offered June 27-29 in the MH/MR large conference room (A&B), 100 Fair Oaks, 4th floor. To register for this class, please contact Priscilla McCowan, 564-2781, ext. 3906 or [priscilla.mccowan@mail.state.ky.us](mailto:priscilla.mccowan@mail.state.ky.us). Also, the location for the May 24-26 class has changed from the Distance Learning Center to the 4th floor large conference room at 100 Fair Oaks.

### Let's Get Physical Update

There were 52 participants for last Wednesday's trash bag dress relay. Some 328 people have enrolled for the entire program. Future Wednesday activities include a scavenger hunt, Frisbee relay, Tai Chi and Chi Cheng, *Mr. Fox Game*, Limbo, *Steal the Bacon*, spaghetti relay, and balloon volleyball. To join the fun call Kristi Adkins at 564-7996.



**TIP OF THE WEEK**

In 1997, more than half a million persons were injured badly enough to need emergency care as a result of bike crashes in the U.S. Wearing a bike helmet reduces the risk of brain injury from a bike crash by as much as 88%.



### Move to the 5th Floor Starts

Kay Hill, secretary to CHS Secretary Jimmy Helton, takes a look at the moving boxes in her new office. Moving began Monday for the secretary's office to the 5th floor. The new phone number for the secretary's office is 564-7042; the new mail stop is 5W-A. Staff is also reminded that Tuesday and Wednesday (May 16-17) are surplus property days.



## Name The Newsletter Contest; Deadline May 25

The CHS News is offering CHS employees a chance to be creative and win \$150 gift certificate to a Kentucky State Park.

You can win by submitting a new name for this newsletter. Here are the rules: You must be an employee of the cabinet. Submit the proposed name, your name, work phone number and location, to the CHS Office of Communications, 4C-A,

CHR Building, Frankfort, Ky. 40621. All entries must be in writing; e-mail entries will not be accepted. Entries may also be faxed to 502-564-0274.

The deadline is 4:30 p.m. May 25, 2000. Staff in the Secretary's office and Office of Communications will serve as judges. In case of a tie, the winner will be drawn at random.

### Improvements Made In Certified Public Manager Program Effective July 1

The Governmental Services Center has made major improvements to the Certified Public Manager (CPM) program, effective July 1, 2000. The Kentucky CPM program is one of the best of 20 nationally accredited public management programs in the U.S.

The first part of the program, Certificate of Management Fundamentals (CMF, formerly Phase I) is now separate from the CPM program (formerly Phase II). However, CMF is still a prerequisite for admission to CPM. The CMF program is appropriate for any employee wishing to assume greater responsibility and acquire skills to manage self and others. It benefits managers as well as non-managers and usually takes 1-2 years to complete.

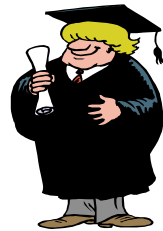
The CPM program requires management experience and is geared toward managers of people, programs, and projects or those individuals who demonstrate outstanding management potential. Leadership skills to manage teams

and organizations are the new focus of CPM.

The CMF and CPM application forms were also revised to clearly establish that the applicant, the supervisor, and the agency head understand what the program entails, including the rigorous requirements and the necessary time away from work to attend classes.

The changes apply to all participants admitted to the programs as of July 1, 2000. Participants already enrolled in the program under Phases I and II should receive letters notifying them of their status and options.

For more information about the programs or the changes, please contact Margaret McClain, (502)564-8170. Applications for the CMF Program may be obtained from Sharon Satterly at (502) 564-2781, extension 3911.



### National Nursing Home Week May 14-20

May 14-20 is National Nursing Home Week. Nursing homes across Kentucky will host a series of events to enrich the relationships between residents, youth, community members, family, and staff. This year's theme, *A Legacy of Quality*, demonstrates the ongoing contribution quality care makes in

the lives of senior Americans living in nursing facilities in Kentucky and across the county, and underscores the richness of life that nursing facility residents possess. Kentucky's nursing facilities employ over 28,000 workers who care for 31,000 elderly and disabled residents.

### Mental Health Month

Because mental health is critical for the well being of Kentucky families, businesses, and communities, Gov. Patton has declared May Mental Health Month in Kentucky.

Mental illness will strike one in five Americans in a given year without regard to age, gender, race, ethnicity, religion, or economic status. One in five children suffers from a diagnosable mental or emotional disorder, and one in 10 has a serious disorder which, if untreated, can lead to school failure, addiction, and even suicide. Collectively, mental disorders make mental illness the most prevalent health problem in America today, more common than cancer, lung, and heart disease combined.

The cause of persons with mental illness received significant attention from the Patton Administration and the 2000 General Assembly through key legislative reforms such as insurance parity and supports for community living.

### News Around the Cabinet...

- **Shirleen Wilson** in Vital Statistics is requesting voluntary sick leave donations because of upcoming surgery. Call Karen Johnston, 564-4212, ext. 3978. Employees must have a balance of at least 75 hours after donating time.

- MHMR is seeking a master level **mental health therapist**, deaf or fluent in American Sign Language, to work with deaf clients. This is not a state job. Call Marcie Jeffers or Susie Paul at 564-4448 or 564-5777 (TTY).